

# GET OUT OF THE HEAT AND DANCE TO THE BEAT!

## **STARS SUMMER DANCE CAMPS & Summer Schedule**

435-986-9987

### Princess & Specialty Camps- age pre-K to 2nd grade

Our princess & specialty dance camps are 4 day classes, 2.5 hours per day and will include dance instruction in jazz, ballet, & tumbling, and will also include crafts, activities, snacks, and dance games. Specialty camps include "Disney Princesses", "Me & My Teddy Bear", & "Barbie & the Dancing Princesses". There will be a performance for parents and families the last day of camp. Class attire is anything they can move in. Shorts, stretch pants, tank tops, t-shirts, leotards, tights, etc. Camp T-shirts are available for purchase for \$13 each. Dance shoes not required, but are recommended. The cost for the princess camp is \$55. If you register for 2 or more camps, each camp will be \$45 but must be registered for at the same time. Sibling discounts are also available. Camp is limited to 15 dancers. Must have at least 5 to open. The Disney Princess camp is offered June 8th-11<sup>th</sup>. "Me and My Teddy Bear" camp will be July 6-9. "Barbie & the Dancing Princesses" will be July 20-23<sup>rd</sup>. Each camp will be held 11:00 a.m.-1:30 p.m. Space is limited so register early.

### Mini Dance Camps- age pre-K to 12<sup>th</sup> grade

Our Mini dance camps are 1 hour classes, 4 days a week. Class attire is anything they can move in. Shorts, tank tops, t-shirts, leotards, tights, etc. Dance shoes not required, but are recommended. Camp t-shirts are available for purchase for \$13 each. Mini camps are \$25 per camp. Camps are limited to 15 dancers. Must have at least 5 to open the class. The mini camp schedule is as follows:

Creative Movement for Tots (age 2-4) This class is an introduction to the world of dance for our preschool aged dancers. They will learn to explore dance through rhythms, music, movement, technique, tumbling, and most of all, fun!  
Camp offered June 1-4, June 22-25, & July 13-16. 11:00 a.m.-noon

Mini Dance ages 5-8 Kids will learn various styles of dance including jazz and tumbling fun.  
Camp offered June 1-4 & June 22-25, & July 13-16. 11:00 a.m.-noon

Hip Hop for Kids (boys & girls)- ages 5-8- Super fun, high energy class. Kids will learn age appropriate moves, stalls, & basic tumbling.  
Camp offered June 1-4, June 22-25, & July 13-16. 12:00 p.m.-1:00 p.m.

Hip Hop ages 9 & up- Class will include fun high energy warm ups, hip hop combinations, basic tumbling & stalls.  
Camp offered June 1-4, June 22-25, & July 13-16. 12:00 p.m.-1:00 p.m.

Intermediate Jazz Technique- Class will focus on progressions, turns, leaps, jumps, and flexibility.  
Camp offered June 1-4, June 22-25, & July 13-16. 1:00 p.m.-2:00 p.m.

Advanced Jazz Technique- Class will focus on more advanced progressions, turns, combinations, and flexibility.  
Camp offered June 1-4, June 22-25, & July 13-16. 1:00 p.m.-2:00 p.m.

Leaps & Jumps Intensive- Class will focus on more advanced, leaps, jumps, strength and flexibility.  
Camp offered June 1-4, June 22-25, & July 13-16. 2:00 p.m.-3:00 p.m.

Cheerleading-all ages- Dance cheers and chants, jumps, drills, tumbling skills & more. Lots of fun!  
Camp offered June 1-4, June 22-25, & July 13-16. 2:00 p.m.-3:00 p.m.

Boys Hip Hop- all ages- Stalls, tricks, choreography, & fun for boys!  
Camp offered June 1-4, June 22-25, & July 13-16. 3:00-4:00 p.m.

Tumbling- all ages- (will separate by ability) Strengthening techniques & tumbling taught includes cartwheels, handstands, round-offs, & walkovers when ready. Camp offered June 1-4, & June 22-25, & July 13-16. 3:00-4:00 p.m.

## Summer Evening class schedule

These classes are ongoing throughout June & July. Summer tuition is \$25 a month per class. If register for more than 1 class tuition is \$20 per month per class.

### Tuesday:

3:30-4:30 p.m.- Micro-Minis age 3-5-Must have 1 year dance experience. Jazz, ballet, & tumbling. This class is a performing team for pre-school aged children. During summer only one day a week required, but can do 2.  
4:30-6:00 p.m.- Show Team Minis & Smalls (By audition only)  
6:00-7:00 p.m.- Shining STARS age 5-8- Jazz, Ballet, Tumbling combination class.  
6:00-7:00 p.m.- Twinkle STARS age 2-4- Pre-Ballet, beginning jazz, & beginning tumbling combo class.  
7:00-8:00 p.m.- Basic Jazz age 9 & over. Introduction to jazz dance & basic jazz technique.  
7:00-8:00 p.m. Hip Hop age 5-8- Fun high energy warm ups, hip hop combinations, basic tumbling & stalls.  
8:00-9:00 p.m. Hip Hop age 9 & over- Fun high energy warm ups, hip hop combinations, tumbling & stalls.  
8:00-9:00 p.m. Ballroom- all ages- Come learn beginning ballroom combinations in dances such as the waltz, tango, cha cha, & more. Bring the family!!

### Wednesday: Jazz technique- Turns, leaps, jumps, progressions, combinations, flexibility.

4:30-6:30 p.m.- Jazz technique ages 5-8- Taught in 2 rooms. Will separate by technique level.  
6:30-8:30 p.m.- Int-Adv Jazz technique ages 9-18. Taught in 2 rooms. Will separate by technique level.

### Thursday:

#### Performing teams that attend during the summer will have performance opportunities this summer.

4:00-5:00 p.m.- Micro-Minis age 3-5- Must have 1 year dance experience. Jazz, ballet, tumbling. This class is a performing team for pre-school aged children. During summer only one day a week required, but can do 2.  
4:00-5:00 p.m.- Pre-Team Mini Stars- ages 5-7. Must have at least 1 year dance experience. This is a performing team. No audition required. Focus is jazz technique & routines, but will also study ballet & basic tumbling.  
5:00-6:00 p.m.- Pre-Team Small Stars- Ages 8-10. Must have at least 1 year dance experience. This is a performing team. No audition required. Focus is jazz technique & routines but will also study ballet & basic tumbling.  
5:00-6:00 p.m.- Pre-Team All Stars- Ages 11 & over. Must have at least 1 year dance experience. This is a performing team. No audition required. Focus is jazz technique & routines but will also study ballet & basic tumbling.  
6:00-7:00 p.m. Hip Hop ages 9 & over- Fun high energy warm ups, hip hop combinations, basic tumbling & stalls.  
6:00-7:00 p.m. Hip Hop ages 5-8- Fun high energy warm ups, hip hop combinations, basic tumbling & stalls  
7:00-8:00 p.m. Cheerleading- Dance cheers & chants, jumps, drills, tumbling skills, stunts, & more!

## Summer Intensive- Age 6 & up

**July 27<sup>th</sup> -30<sup>th</sup> 10 a.m.-1:00 p.m. Tuition for intensive camp is \$55**

Our summer intensive program is for the more serious dancer who would like to improve their dance technique, flexibility, and strength. The program will focus on jazz & ballet & will incorporate some hip hop combinations. Will teach progressions, barre work, floor work, turns, leaps, jumps, combinations, correct stretching, & more. Camp will be divided by age & technique level. Those interested in auditioning for the Southern Utah STARS Show Team for the 2009/10 dance year, it is highly recommended that you attend the summer intensive camp.

## Overnight Dance Camp- Age 7 & up

**July 17-1:30 p.m. to July 18<sup>th</sup> – 1:30 p.m.**

**Tuition per camper (includes camp shirt): \$125 new students- \$100 registered STARS- \$75 for current students that bring a new student to the camp with them**

Our super fun overnight dance camp gives your dancer the opportunity to experience many dance styles including jazz routines, jazz technique, hip-hop, drill down, but most importantly, **have a BLAST!!**

Groups will be formed according to age and/or grade in school. There will be several group activities that combine all age groups throughout the day so that campers have a chance to interact and get to know each other. Overnight camps are limited to 15 dancers per group. Must have a minimum of 5 in each group to open.

This is a camp, not a slumber party and will have rules regarding lights out

## **ACTIVITIES**

**Dance:** Each age group will learn dances to perform at the end of camp. These dances include their individual age group routine and an entire camp dance routine. Dance styles that will be studied will include jazz, lyrical, hip hop, parade marching, tumbling, ballet, and drill.

**Games, Awards, Etc.:** We will have plenty of games and group activities that are fun and build teamwork. Each group will have a craft project and other activities in addition to dancing. Lots of "camp" songs, too! Awards, prizes and incentives will be sprinkled in along the way.

**Performance:** The camp culminates in a great show that friends and family are invited to attend on the last day. **Performance begins at 1:00 p.m. on Saturday.** Photos and videos are encouraged!

## **WHAT TO WEAR & BRING**

**Clothes:** Your camper may wear anything that's comfortable and allows the greatest movement (such as leotards, tank tops, t-shirts, or shorts, if they can stretch and tumble in them.) Dancewear is not required, but their normal dance class attire is appropriate to wear if your child takes dance. (A limited selection of dancewear and shoes is available at our studio.) A FREE camp T-shirt will be provided, and can be worn each day. (You may purchase additional shirts for \$12.) The shirts will be worn for the performance on Saturday. It is advisable that your camper has all personal items labeled with their name and brought in a backpack or dance bag.

**Shoes:** All campers must wear or bring tennis shoes, as some of our activities may be outdoors. Dance shoes (jazz or ballet) are not necessary, but may be worn, if they have them.

**Hair:** All campers must have their hair pulled back away from their faces at all times.

**Dinner:** Please bring a sack dinner for Friday and healthy snacks for breaks throughout the camp. A water bottle labeled with the dancer's name is also necessary.

## **CAMP SCHEDULE**

1:30-2:00 p.m.	Campers Arrive – Intros, Warm-ups, & camp songs
2:00-3:00 p.m.	Individual Group Routines- jazz, lyrical, or hip hop (2 groups)
3:00-4:00 p.m.	Jazz Technique
4:00-4:30 p.m.	Activity or craft
4:30-5:30 p.m.	Entire camp routine
5:30-6:00 p.m.	Dinner & Rest
6:00-6:15 p.m.	Drill Down
6:15-7:15 p.m.	Individual Group Routines- jazz lyrical or hip hop (2 groups)
7:15-8:15 p.m.	Entire camp routine
8:15-10:15 p.m.	Movie
10:30 p.m.	Lights Out
7:30 a.m.-8 a.m.	Breakfast (we will provide)
8:00-8:30 a.m.	Warm-Ups & camp songs
8:30-9:30 a.m.	Turns, Leaps, & Jumps
9:30-10:30 a.m.	Individual Group & entire camp Routines
10:30-11:00 a.m.	Activity or craft/ rest or drill down
11 a.m.- noon	Hip Hop (2 groups)
12:00-1:00 p.m.	Review all routines & drill down
1:00 p.m.-1:30	Performance for Parents

**Schedule subject to change. There will be breaks throughout the day for kids to rest and re-hydrate.**

**Southern Utah STARS** is a member of the **STARS National Dance Program** with studios across the United States. More information about the national program can be found at [www.StarsDance.com](http://www.StarsDance.com). Address questions about the Southern Utah STARS program to [southernutahstars@yahoo.com](mailto:southernutahstars@yahoo.com). Or you can look us up online at [www.starsdancestudio.com](http://www.starsdancestudio.com).

**Call for further information and to reserve your spot! Class size is limited so call today.**

**435-986-9987**

**★Stars Dance★**

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